Term 1, Week 9

Student of the Week – Charlotte S3G

Charlotte is a kind and caring student who is always willing to help others. She works in a dedicated, studious manner at all times and takes pride in all she does. Her lovely, calm demeanour makes for a happy and harmonious classroom environment. Charlotte quietly encourages others to follow in her lead and is a fantastic example of upholding the Tawny 5. Well done Charlotte!!

Student Achievement

Congratulations to Jake Godfrey and Dominic Rusak who were selected into the Zone Soccer team.

Well done the students who represented Clarence Town Public School at the League Tag Day last week – excellent sportsmanship, behaviour and attitudes - great to see our students applying the values of our school across all activities.

Well done S3G on your Assembly Item last Friday – it was sensational. The audience really enjoyed the energy and enthusiasm and I had lots of positive feedback.
Principal's News

**Stranger Danger** – I have just received a call from Shelton’s’ Buses that last week a car was following one of their buses and stopping when it stopped and the man inside approached a child at Gresford last week. The car was also seen following the bus into Clarence Town.

Description of car: Green Ford Falcon Sedan – quite faded and appeared to have reflective material on the front bumper.

Description of man: 50-60 years old, quite a big man and was wearing a singlet.

NB: This description fits the person who was in the white van a few weeks ago and approached a child at Seaham.

I will speak to all classes’ today about stranger danger and the importance of keeping yourself safe and if you could do the same at home that would be much appreciated. If you see anything suspicious please let me know ASAP and I will pass the details on to the Police.

Despite the disrupted start to last week the rest of the week panned out well. We had several sporting activities through the week with students performing well – it is always a proud moment to hear the wonderful news of great sportsmanship and behaviour when students are representing our school. Our School Photo Day ran smoothly with lovely weather so the group photos were able to be taken outside which always gives a lovely background. This week we have a Netball Gala Day tomorrow and Knockout Softball Game on Wednesday – good luck to all participants.

There are quite a few attachments in this week’s newsletter:

- A replacement NAPLAN note – the one sent out last week had incorrect information based on last year’s test; the DEC send its apologies for the error.
- A walk safely to school flyer to review with your children to maintain safe road safety habits around our school.

Good for Kids Good for Life – the school and canteen have been working closely with a dietician to ensure we are offering healthy food choices. The Good for Kids program will assist us as a school to teach, model and promote good nutrition through all areas of school life including the school canteen.

This is an exciting time for Clarence Town Public School as we work together with the guidance of Good for Kids towards creating a healthier school community.

- Plus a Nutrition Snippet

Further on in today’s newsletter you will see information re: the Singleton Horse Sports Event – if you would like your child to participate please contact the office for an application form. You will also see the reminder about the Easter Mufti Day and don’t forget your P&C Easter Raffle tickets are still on sale.

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**Permission Notes & Payments Due**

<table>
<thead>
<tr>
<th>Stage 1</th>
<th>Mathletics - $14</th>
<th>Voluntary Contribution - $20</th>
<th>CSIRO - $6.50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 2</td>
<td>Mathletics - $14 per student</td>
<td>Voluntary Contribution - $20</td>
<td>CSIRO - $6.50</td>
</tr>
<tr>
<td>Stage 3</td>
<td>Mathletics - $14 per student</td>
<td>Voluntary Contribution - $20</td>
<td>Broken Bay Excursion - $100 Deposit</td>
</tr>
</tbody>
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**ES1L**
Matilda Bourke, Caitlin McDonald, Jarrell Brooks

**S1/2E**
Harry Boyton, Harrison Jones, Gracie Hainsworth

**S1E**
Beth West, Phoebeahn White, Cailean McDonald

**S2G**
Lilly Palmer, Jacob Rooke, Gilbert Ainsworth

**S2/3L**
Royce Tuohy, Declan Middleton

**S3G**
Abijade Bee, Jade Taylor, Jake Godfrey

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24 March 2014
Please read the following facts carefully.

**THE REALITY OF RISK OR THE ILLUSION OF SAFETY?**

(IT IS ALWAYS YOUR CHOICE)

**IN A 50KM/H ZONE (RESIDENTIAL AREAS)**

<table>
<thead>
<tr>
<th>EXCEEDING THE SPEED LIMIT BY (KM/H)</th>
<th>MAXIMUM TIME SAVED PER KM. (IN SECONDS)</th>
<th>INCREASE IN THE RISK OF A SERIOUS CRASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>5</td>
<td>200%</td>
</tr>
<tr>
<td>10</td>
<td>9</td>
<td>400%</td>
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<td>15</td>
<td>12</td>
<td>800%</td>
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<tr>
<td>20</td>
<td>15</td>
<td>1600%</td>
</tr>
<tr>
<td>25</td>
<td>18</td>
<td>3200%</td>
</tr>
</tbody>
</table>

eg. Most School Zones are less than 0.5kms in length. So that means if you are driving at 60km/h in a school zone you are about 16 times more likely to have a serious crash. And all you save is about 7 seconds. **You have to ask yourself IS IT WORTH IT?**

I attended a meeting at Dungog Community Centre last week regarding support services available for families – this was an excellent meeting and was well represented by Preschools, Primary Schools and support service personnel. There are many services available and after the meeting a data base was being established to list the services I will publish more information and have flyer available within the coming weeks. This week I will be out of school on Friday to attend the Primary Principals Association Meeting at Cessnock. These meetings have always been important but even more so now with all of the reforms the DEC is going through at the moment. I will keep you posted in next week’s newsletter re: any updated information.

We are constantly reminding students of our PBL Values and school motto along with our Tawny 5 Rules...and I would also encourage parents to use these words when celebrating positive behaviour and discussing negative choices with your child.

The Tawny 5 Rules:

- I can listen
- I can put up my hand and wait
- I can work quietly
- I can follow instructions
- I can control what I do and Say

The School motto:

**Kindness  Honesty  Effort**

The Positive Behaviour for Learning (PBL) Values:

**Learning  Safety  Respect**

Through working together we create the best opportunities and learning experiences for all our students.

Have a great week.  
Louise Blakemore  
Principal

24 March 2014
Easter Mufti Day
On Wednesday 2 April all students, K-6, can come dressed out of uniform and the ‘fine’ will be an Easter donation for the P&C Easter Raffle.
Donations of Easter Eggs, as well as baskets and decorations are also appreciated.
Please note that if you purchase your donation from our local IGA Kay has organised a 10% discount – just mention the school name.
Thanks Kay for your wonderful generosity again!

Voluntary Contributions
Our school voluntary contributions have been set this year at $20 per student or $40 per family. This money is used to purchase resources and equipment for your child’s classroom. All money received would be greatly appreciated. Payments can now be made at the office.

Student Emergency Contact Details
All students will have received our school emergency contact form (pink form). Please check all details and make any changes necessary and return to the school as soon as possible. If all the information is correct please sign the form and return to the office.

Scripture
If you do NOT want your child to attend scripture this year, please send a note in to your child’s class teacher.

Singleton Horse Sports Day
Entry forms are available at the school office. The sports day will be held on Friday 16 May 2014 at Singleton Showground. Entries close Thursday 30 April 2014.

SINGLETON HORSE SPORTS DAY
Friday 16th May 2014
Entry forms for the Singleton Horse Sports Day are now available on the Mt Pleasant School website: www.mtleasantpublicschool.com.au
Please note that this year we have limited entries to 180 riders (previously 200 riders) so be sure to get your entry forms in early!
Lisa Fellowes
Secretary
Mt Pleasant Public School P & C Asso

Assembly Item
ES1L will perform the assembly item at this week’s assembly. All parents and friends are invited to attend.

Canteen Roster

Wednesday 26 March
Darren Hall
Karen Thew

Friday 28 March
Jodie Cummings
Dannielle Jeffery

Monday 31 March
Robyn Keller
Melissa Morris

Wednesday 2 April
Kelly Rusak
Lisa Wells

Friday 4 April
Jaimy Boyd
Michelle Croxton

Monday 7 April
Karen Thew
Michelle Lightfoot

Wednesday 9 April
Stephanie Englefield
Taneal Anderson

Friday 11 April
CAKTEEN CLOSED
Last Day Term 1

24 March 2014
RELAY FOR LIFE

Who will you relay for: Dungog Shire

2pm Saturday-8am Sunday

29th & 30th March 2014

Dungog Showground

If you would like to show your support for this, the school is selling merchandise.

Individual wrist bands $4.00

Bag wrist bands $6.00

These are available now for sale at the office

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The simplest way

to increase your fruit and veg intake

Myth: Frozen and canned fruit and vegetables don’t count towards your recommended daily intake of fruit and vegetables.

The facts:
- Frozen and canned fruit or veggies are great alternatives when fresh varieties are out of season, unavailable or more expensive
- Frozen and canned vegetables are usually packed shortly after picking, so their nutrients are best
- Varieties with no added sugar or salt are the best choice, so check the label to make sure you’re making the best choice!

Hint: Look for tinned fruit in natural juice rather than syrup and serve with a reduced fat natural yoghurt and honey for a sweet afternoon snack!

For more information visit
www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

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STOMPING IVORIES - THE DUELIN' PIANO SHOW

SAT 12 APR, 7.30pm

GLEN OAK
School of Arts

Sausage sizzle from 6.30pm

TICKETS - $25 (incl. supper) from Seaham Shop
BYO Beer & Wine / Softdrink available
www.stompingivories.com.au

All proceeds to hall upkeep

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24 March 2014