Student Achievement

Well done to all Year 5 and Year 6 students who travelled to Canberra for three days last week – they were ready to learn at every venue, respectful at all times, remembered all safety rules and had a brilliant time. Great job Stage 3!

Great work Darby Tout and Declan Middleton who ensured that all K-2 students were recognised with a participation sticker at our school Athletics Carnival last Monday.

Principals News

Welcome to week 3 and Education Week – this will be another busy week at Clarence Town Public School full of wonderful opportunities for our students.

Last week our Stage 3 students along with Mr Lofts, Mr Lannigan and I headed off for a three day excursion to Canberra. The students were impeccably behaved and represented our school well. The busy itinerary included:

- Day 1 –
  The CSIRO where we had time to learn about the research that helps Australia and the world and explore some great interactive areas.
  The Australian War Memorial and ANZAC Parade, where we saw wonderful displays and learnt about our service men and women and the sacrifices they made to ensure the safety of our country. We were very fortunate to also be part of the closing of day ceremony which is a mini
memorial service and Anneeka and Jayden laid a wreath on behalf of Clarence Town Public School. The Dinosaur Museum was brilliant with wonderful displays and information.

• Day 2
Unfortunately it was far too foggy in Canberra during our stay to see the wonderful view from Mount Ainsley. Parliament House was a real treat with a great tour of the House of Representatives and The Senate before we had a chance to role play a Parliament session. The students were able to play specific roles to present, argue and vote on a Bill.
The National Exhibition Centre was next and we learnt about how Canberra was planned and why it was chosen as the site for our Federal Government. Lake Berley Griffith was absolutely still with a glass like surface during our time there and the reflection of the buildings in the water was stunning.
Old Parliament House, which contains The Electoral Education Centre and Museum of Democracy, was next and we were able to hear about the history and timeline of democracy and voting in Australia and then participate in how our democratic voting processes work.
The day concluded with an amazing view of Canberra at night from Telstra Tower.

• Day 3
The Australian Institute of Sport saw us undertaking a tour with Andrew and Matt and then having a chance to have a go at the great activities in the interactive sport centre.
Then Questacon! Wow! A brilliant time on the giant drop and so many interactive activities.

We did have a brilliant time and the jam packed itinerary meant late nights (lights out at 10:00pm) and early mornings (wake up at 6:00am) left us all a bit weary but everyone was brilliantly behaved. Unfortunately due to several accidents we were caught up in Sydney and on the freeway and were two hours late home! Thank you to parents for your patience and passing on information so everyone knew what was happening.
This week is Education Week and we have a busy schedule with:

- Each stage presenting their Public Speaking today. Two students from each Stage will be selected to go on to the next level of Public Speaking, which is the zone competition at Grahamstown PS. We have had great success in the past and I wish everyone good luck!
- Tuesday our debating team will be participating in the next round of our debating competition against Paterson PS. Good Luck!
- **Wednesday we have our Education Week Open Day, with parents invited from 12:30-1:30pm for classroom visits and then a BYO picnic lunch before our afternoon Assembly from 2-3pm. All parents and friends are welcome.**
- Thursday Evening we have our annual Dungog and District Community of Schools Education Week Awards Ceremony at Dungog High School. The ceremony begins with afternoon tea at 4:00pm and then the Award Ceremony from 4:30pm. Our choir will be participating in a joint choir with our partner schools and then an individual school item. We also have students, staff, parents and community members being recognised for their contributions to CTPS.

This week **we will focus on our Respect indicators in PBL:**
- **Care for Property and Equipment**
- **Follow Instructions the First time**
- **Use Positive Language**

I would encourage parents and carers to talk about these indicators at home, what it looks like and how we can improve in these areas. Our particular focus during this time is developing resilience, being organised, being persistent and developing confidence.

The **Student Welfare Program** is progressing well with our Tawny 5 Rules:
- **I can listen**
- **I can put up my hand and wait**
- **I can work quietly**
- **I can follow instructions**
- **I can control what I do and Sa**

Have a great week.
Louise Blakemore
Principal

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### Assembly Item

There will be Assembly this Wednesday 29 July at 2pm in the School Hall. The Choir will be performing an item. All parents and friends are welcome.

### Canteen Roster

**TERM 3**

**Wednesday 29 July**  
Tammy Bagnall  
Miranda Hensley

**Friday 31 July**  
Sharlene Free  
**Volunteer needed**

**Monday 3 August**  
Katie Bagnall  
Linda Richardson

**Wednesday 5 August**  
Kelly Rusak  
Lisa Wells

**Friday 7 August**  
Kristy Boyton  
Carolynn Flannery

**Monday 10 August**  
Rina Rocco  
**Volunteer needed**

**Wednesday 12 August**  
Rina Rocco  
Megan Speedie

**Friday 14 August**  
Sharlene Free  
**Volunteer needed**
**Dungog & District Community of Schools – News Updates**

**Education Week Award Ceremony**

**Invitation**

All parents and friends are invited to attend our Dungog & District Community of Schools Annual Education Week Award Ceremony to be held at Dungog High School on Thursday 30th July 2015; with afternoon tea at 4:00pm and the ceremony at 4:30pm. The following people from Clarence Town Public School will be recognised at the awards:

Student Excellence – Anneeka Knight & Matthew Benhard

School Support Staff – Mrs Laura Price

School Achievement Award – Music program

School Community Award – Bronwyn Prentice, Katie Bagnall & Susan Hallett

D&DCoS Award – School Sports Gala Holiday Program

Our School Choir will also be performing in a joint Community of Schools Choir as well as presenting an individual school item.

**Little Bits**

Seth Winchester and Hayden Prentice have been selected to participate in a combined school technology program called Little Bits. They travelled to Dungog High School last Thursday for a face to face day to learn the basic electronics they will require to participate and each Monday they will be part of an Adobe Connect link up across our Community of Schools to complete a series of tasks. The boys are doing a great job and very excited about their learning.

**PACER – Canberra Excursion**

Students from our school have just returned from an educational tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of $20.00 per student under the Parliament and Civic Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion. **This subsidy was already taken off each students final cost for the Canberra excursion.**
Clarence Town Public School will be celebrating Education Week with an 
Open Day on Wednesday 29th July 2015…

12:30-1:30pm Open Classrooms
1:30-2:00pm BYO Picnic Lunch
2:00-3:00pm School Assembly

Ghana Beat My Drum Performance
Our school will be hosting the Ghana Beat My Drum Performance on Tuesday 4 August. Ghana Beat My Drum incorporates audience participation, singing, dancing and drumming to leave audiences feeling exhilarated and inspired as well as enlightened in the ways and culture of Africa and more particularly Ghana. This performance will be held in our school hall and all students are encouraged to attend. The cost of this performance is $5 per student. Permission notes were sent home with today’s newsletter. Please see the office if you did not receive a note.

Sporting Schools – Athletics
Our school will once again be participating in the Sporting Schools Program. This term we are offering students the chance to participate in an Athletics program. This program will run on a Tuesday and Wednesday afternoon from 3pm to 4pm commencing 28 July to 9 September. Athletics will be held at school. Please return the permission note to the office if you would like your child to attend the Sporting Schools Athletics Program.

School Musical Costumes
Our school will once again be holding a school musical this term and all students will be participating. The title for this year’s musical is “Around The World”. Students have received a copy of their classes costume requirements. If you have any questions or are having trouble with any costumes, please see Katie Bagnall.
Woolworths Earn & Learn
Once again Clarence Town Public School is participating in this program. We encourage parents, grandparents, teachers and students to support this program by collecting Earn & Learn Stickers. These stickers need to be stuck onto the Sticker Sheet attached to today’s newsletter. Extra sheets are available from the School. When the sheet is completed they can be placed into the Collection Box in the school office. The program will start on Wednesday 15 July and close Tuesday 8 September.
Walk, Run or Ride 4 Fun
Sunday 30th August 2015
Morpeth Common
Edward Street, Morpeth
Briefing @ 8:45am

See the website for Registration & further information.
www.walkrunride4fun.org.au

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5 TIPS FOR SCREEN TIME AT HOME

Are you having trouble getting your child off technology or watching television?

Try some of these ideas to reduce the amount of screen time your child has each day:

- Go screen free for weekdays
- Try technology free Tuesdays
- Try imagination Wednesdays
- Restrict times when your child has access such as "no screen time before dinner"
- Provide seven ½ hour vouchers on a Friday afternoon to last for the week. When your child watches the television or has other screen time e.g. computer, video games etc., they hand a voucher back. This limits the child to 3.5 hours of screen time during the week.

Source: Murumbidgee Local Health District

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LOOKING FOR SOME NUTRIENT PACKED LUNCHBOX SNACKS FOR YOUR ACTIVE CHILD?

Try these seven sensational nutrient packed snacks!

1. Nut free trail mix (pumpkin seeds, sunflower seeds, sultanas, dried cranberries, popcorn)
2. Sultana, cheese & rice crackers
3. Hardboiled egg & cherry tomatoes
4. Fruit salad & yoghurt or custard
5. Rice cakes with avocado and cheese
6. Pre-cooked corn cob
7. Hummus & crackers & capsicum slices

Source: Murumbidgee Local Health District

PHONE 4924 6499

27 July 2015